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# THE TILLER

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## Grubbs Cup & Shrimp Boil

*Only Way to Spend Labor Day*

The Annual Grubbs Cup and Shrimp Boil takes place on Labor Day Weekend. Saturday evening starts the festivities with shrimp, red potatoes, onions and corn. Cooking and prep work goes on for most of the day, if you wish to help come early otherwise the eating starts around 6:00 PM.

It is also a good day to clean up your boat to get ready for the two races on Sunday and one race on Monday. The Grubbs Cup is open to all classes of boats with challenging Olympic style courses. Board boats, catamarans and keelboats have all won the Cup over the years. So sign up on Saturday, clean your bottom, check your rigging and show up for the Skippers Meeting at 1:00 PM. on Sunday.

## Wedding Shower Celebration

*At the Club*

### Wedding Shower Celebration

for

**Gary Noyes and Pam Styles**

**Saturday, September 18 at 6 P.M. @**

**L.W.S.C.**

**Given by:** Dani, Grace, Claude, Cleatus, Susan,  
& Linda

**RSVP** Linda Holcomb 249-2237 or  
Grace Young 488-0867

*Gary and Pam are registered at Dillard's  
and Penney's.*

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<b>Becker Series</b>
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*A Sailing Tradition*

The Becker Series for Catalina 22's has been raced every year since 1981. It is a 5 race series with no throw outs and has been raced on 5 Sundays in September and October. This year the races will be held on two Sundays September 19 & October 10. There will be 2 races the first Sunday and 3 races the second Sunday with a Skippers Meeting at 12:00 both days. It's time to line up crews and get ready for the Becker Series with a new twist.

## **The Phantom Commodore**

*By Larry Mask*

### **Traveling Again**

Well here I am back in Limy Land (England) again. Every trip over here is the last one and will only be for a couple of days. (HA) This year has not been as I planned when I accepted the job of club commodore and if I could have foreseen the length of time I would be away I would not have accepted the task. My absence puts a burden on other board members to fill in for me, and the club (and I) can only thank them for their efforts. However I am reminded that the Lake Worth Sailing Club moves forward not by the efforts of just one person, but rather it's membership.

### **Change**

I was upset by the lack of participation at the club in the past few months. When I took office I said that I would try to provide fun activities for the cruising crowd as well as supporting the racing program and I think both sides have suffered because of it. We scheduled cruising events but nobody showed up, so not only did we not cruise, we didn't race either. This has caused some of our racers to not come out and that was a mistake because they are the more active members at the club. From this point forward we will schedule racing events every weekend and this will not stop anyone from coming out and just going sailing. If more people show an interest in cruising events then we will do both, but the racing program will be supported fully for the remainder of the year. I would like to point out that not one member other than board members has called me with any feedback on what they wanted to see at the club. I am easy to talk to and would appreciate your input.

### **4<sup>th</sup> of July Weekend**

During my couple of weeks at home I tried to get a grip on activities and maintenance items as well as getting in a little sailing myself. I was able to do both over the 4<sup>th</sup> of July weekend. We were able to have a board meeting, a

Commodore's Cup race, and some of Kevin's good cooking of traditional 4<sup>th</sup> of July fare (hotdogs and hamburgers) before I had to board an airplane on the 5<sup>th</sup>.

**Saturday the 3<sup>rd</sup>** was a quiet day due to high winds so most of the activity was catamarans. The Stokelys and I reefed sails on a Santana 20 and it really was a pleasant sail even with the high wind. If anyone is interested in learning about how to handle high wind CALL ME.

**Sunday the 4<sup>th</sup>** was hectic for me with Lockheed calling me at home, running out of gas trying to hurry to the club, helping Gary lay out the race course, a board meeting, and racing in the Commodore's Cup. The race was a personal high point for me because I finally got my name on a trophy at the club. (I finally exist) I was able to win by the efforts of David and Martha Stokely who crewed for me. David spent an hour in the lake scraping the bottom of number four Santana (already a fast boat we drew) so it was really fast. We sailed a good race, a good start, didn't make any major mistakes and got really lucky on the wind shifts.

The good start with the clean bottom allowed us to stay ahead and were only challenged once by Jim Holcomb running a spinnaker. The big sail gave him the speed but the wind favored us and he was not able to "point up" and had to try and go under us. We were able to "wind shadow" him so the spinnaker collapsed when he tried to pass. Of course we can't forget O.L., he did a great job considering he arrived late and couldn't clean the bottom. He got close a couple of times but with that slow boat was not able to challenge us on the upwind legs. If O.L. or Jim had ever gotten ahead of us I am sure we would not have won because they would have covered us all the way.

This only goes to show that a fast boat and a little luck can make up for experience and great sailing. However, no re-matches are offered until next year and I am keeping my name on the cup.

For those of you that have internet access you can read David Stokely's commentary on the

weekend at:

<http://home.att.net/~dstokely/commodore.htm>

**Monday the 5<sup>th</sup>** I can't comment on because I was on an airplane coming here to England. We had a race to the dam scheduled and I am anxious to hear how that came out.

## Racing Tips

*By Scotty*

### WHAT ARE YOU LOOKING AT?

Upwind and down, your eyes are the most immediate source of critical data. Exercising a rhythm when gathering data will keep all the pertinent information flowing as needed. As you sail upwind check these areas one by one in succession, when you get done start all over again. The actual order is up to you, but discipline yourself to check in on all the areas. Your eyes should be constantly on the move.

### UPWIND

- 1) Luff of jib, check the telltales and keep them flowing. If you're fast maybe burn a little by pinching just a touch, if your feeling sluggish (the boat that is) then foot just a bit.
- 2) The Horizon; cross checking the angle of heel with the feel of the boat will keep you going fast. Every boat's taste for heel is different, learn what is fast for yours and maintain it with body weight, steering and sail trim.
- 3) Water; look out for puffs, lulls, flat water and choppy water. Keeping tabs on this information will allow you to make good tactical decisions and will assist you in making slight adjustments to course as you work your way through the waves.

- 4) Look Up; the leech of the main, make sure it is trimmed to perfection, this is the throttle, work it.
- 5) Look In; the boom and traveler setting. This should just be a quick check to make certain all is well.
- 6) Scan; quick check for other boats, right of way boats are one thing, clear air is another.
- 7) Leech of Jib; if your boat is set-up so you can see it easily from where you are steering, check it out. A telltale 75% of the way up with a window in the main is very handy for checking if the jib has flow.

### DOWNWIND

- 1) Luff of Spinnaker; same as the jib, keep it flowing
- 2) Horizon; check that angle of heel
- 3) Water; keep looking for puffs, lulls and waves; this time, however, a quick look over your shoulder will help in assessing the best possibility for the next puff.
- 4) Look Up; check the mainsail, sheet tension and vang tension to make certain you are keeping that top batten parallel to the boom, adjust that vang to do so.
- 5) Scan; look for other boats and make certain your air is clear.

-- The Coach at Sailweb.net.

## Commentary

By: Linda Holcomb

### Sailing Lessons Anyone?

Welcome to sailing Texas style. If you're looking for sailing instruction, there are several resources in the area that may fit your needs. Whether you're new to the sport, or ready for advanced classes, the following list may aid in your quest.

**TCJC Northwest** campus offers great classes on basic sailing

**FT. Worth Power Squadron** offers basic and advanced classes, however membership may be required. 817-560-9926

**Texas Parks & Wildlife** offers boating education @ hyperlink  
<http://www.tpwd.state.tx.us/edu/boated/boated.htm>  
800-792-1112 ext. 61

**Sailing Center on Lake Joe Poole** offers ASA Certification classes 817-921-0343

**TX Sailing School** (mid cities) 214-215-7245

**Grapevine Lake** 817-354-7781

**Lockheed** has a sailing club and offers classes for employees

**Cedar Mills Sailing School** on Lake Texoma offers ASA Certification Courses Rt. 1 Box 37, Gordonville TX 76245 phone 903-523-4222

**Texas Sailing Academy** on Lake Travis offers ASA Certification Courses 103B Lakeway Dr Austin, TX 78734 phone 512-261-6193

## Acknowledgments & Accolades

By: Jim Holcomb

### Congratulations New Member

Welcome to the club Mike and Melissa Fitzgerald, they were voted in as of July and were checked out on a Santana 20 by Scotty in early August.

They have not decided on a boat yet but have decided to adopt a Santana 20, (maintain and clean the boat and keep it in good running order).

Sounds like a good idea, anyone else want to adopt a 20?

### Lost and Found

#### Lost Club Battery Charger

If you have seen the red charger with a rope handle walking down the road, please send it home. It belongs to the club.

## Annual Banquet

By: Larry Mask

The Annual Awards Banquet has been booked for The Point on Lake Worth, the date is Saturday Dec 11. Menu and activities will be in the next newsletter.