
THE TILLER

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Lake Worth Sailing Club Est. 1935

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FROM THE COMMODORE

By Britt Feik

When you start racing you will want to learn how to sail your boat faster. How do you do that? Practice, study and learn. I can't tell you the absolute best way for you to improve, but I can tell you what I have done and how I have gone about improving my sailing.

Sailing: The single most important thing that you can do to improve yourself is to get out on the water and sail. There are two ways to do this; sailing your own boat and crewing for others.

Sail your own boat: If you are sailing your own boat then follow one of the top boats. See what they are doing and figure out how and why they are doing it. If you can't figure out why they are doing something then ask them after the race. I have never come across a sailor that wasn't more than happy to share their experiences and advice with others.

Crew for others: People are always looking for crew. Talk with someone who is good and see if you can catch a ride with them. When you are sailing with them ask lots of questions so you can understand what they are doing and the reasons why.

Book Knowledge: When I first started racing I didn't really understand how to properly trim the sails. There are hundreds of books on sailing and I didn't have much of a clue about which book to select so I called up Layline in

North Carolina (800.542.5463) and asked them to recommend a book on sail trim. They recommended Bill Gladstone's book Performance Racing Trim. This advice turned out to be really good. Not only was the book good, but there was a companion book on race Tactics and Bill conducts seminars around the country based on the books. North Sails has recently decided to sponsor the seminars which I take as a confirmation of the quality of the information. I read the book(s) and attended the seminar(s). Additionally, they have recently made companion CD's available that are the basis of the seminars.

These are the things that I have done to become a better sailor and racer. The book knowledge is good, but the most important thing to do is to get out on the water and sail. Whether you crew for others or sail your own boat it is the hands on sailing that improves your skills the most.

Looking forward to seeing you on the water,
Commodore Britt Feik *Avion*

UPCOMING EVENTS

3/24 SPRING SERIES	2:00
SANTANA 20 SPINNAKER SERIES	
3/30 SANTANA 20 CHECK OUT	12:00-5:00
4/06 WORK PARTY	9:00 AM
4/07 SPRING SERIES	2:00
4/14 SPRING SERIES	2:00
4/21 SPRING SERIES	2:00
4/27-4/28 OPENING WEEKEND	
(for details see next page)	

Valentines Race Results

Jim and **Linda Holcomb** were the winning sweethearts on the race course for the Valentines Day race with crew **Harold Lee, David Stokely** with crew **Larry Mask** finished second and **Ken** and **Connie Cox** and crew **Mike Lilly** finished third. The Mixer afterward was fun and the food was great.

Work Party April 6

On Saturday April 6th a work party is scheduled for 9:00 AM. Please come out and help us get our club back in shape. There is much that needs to be done in order to keep our property in top shape for the busy year ahead. Below is a list of some of the things we need to accomplish:

- Repaint south side of clubhouse
- Fix floor in ladies room by water heater
- Replace both toilets
- Landscape work
- Pile drive west dock slip posts
- Repair/replace loose floats on dock fingers
- Repair chimney flashing
- Install light at end of east T-head
- Repair screen door
- Repair door on gate house

SANTANA CHECK OUT

Learn how to sail our Santana 20s!!!!
Saturday, March 30th Noon - 5:00 PM have been set aside to get our members checked out on our Santana 20s. Come and get comfortable with this great boat. They are fun to sail. Bring your family and have a great time on the water. After getting checked out you are free to use the boats when you want. They can be used for racing or for a day out on the water. These friendly boats are begging for someone to play with them. If you have any questions contact Santana fleet captain **Mike Lilly**.

Opening Weekend

April 27th and 28th is Opening Weekend.

On the 27th Sunfish races for both men and women will start at 1:00 PM. Board boats will race at 3:00 PM.

On the 28th Men's auxiliary race will start at 1:00 PM and Women's auxiliary race will begin at 3:00 PM.

There will be a party after the last race on the 28th.

Membership Application

Brandon Clifton

Brandon is new to the area and owns a Santana 23. He has been crewing since February He is recommended by Jim Holcomb.

BOARD OF GOVERNORS 2002

Commodore	Britt Feik
Vice Commodore	Gary Noyes
Sec./Treasurer	Jim Holcomb
Race Committee	Kevin Culver
Asst. Race Committee	Glenn Brandon
Rear Commodore	Larry Mask

FLEET CAPTAINS

Catalina 22	David Stokely
Sunfish	Dan Ludden
Santana 20	Mike Lilly
Auxillary	Bob Young

Entertainment Committee

Debie McMillan and Dave Dillingham

Newsletter Editor

Gordon Kayser