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# THE TILLER

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Volume 68, Issue 1

Lake Worth Sailing Club Est. 1935

Feb. 2003

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## From The Commodore

By Gary Noyes

We've got a fun year planned at your sailing club this year. The Santanas have clean bottoms, there's a big stack of fire wood, a years worth of scheduled races, pot-luck dinners start in the spring, and a full moon is scheduled once each month all summer long. Bradley Estes even has some of your Saturdays planned for work parties. See the attached calendar for details of the next few months. If you want to help plan the rest of the year then please attend the board meetings at noon on the first Sunday of each month.

The first scheduled event of each year is the Frost Bite Race and Chili Cookoff on January 12. This is historically one of the best races and parties of the year. Pamela's been perfecting her recipe all year so watch out! Her first place in the Chili Cookoff will be a fine complement to the first place I plan to win on the Hobie 18. [Additional note from the Commodore. I wrote this the week before the race. The results are in: Pamela took third place in the cookoff. Dan Ludden and I had the Hobie back, our toys put away, hot-hot showers, one cup of hot coffee, and we were halfway through a beer before the next boat came in. First time I ever sailed in sleet and snow.]

Continuing the thoughts on racing, I need your cooperation. I'm tired of Jim and Kevin taking so many trophies home each awards banquet. Looking at the last few years racing results, one thing is clear. If you don't race, you won't win. Most of the over-all second and third place finishes were by sailors who participated in the most races. They sometimes won first place, but they almost always come home with a mug.

Now, for the helping part. If you get in their way while on the course then I can slip by and win. And that's always a good thing.

See ya' on the water.  
Gary

## 2003 Club Officers:

Commodore	Gary Noyes
Vice Commodore	Bradley Estes
Secretary/Treasurer	Jim Holcomb
Race Committee	Glenn Brandon
Asst. Race Committee	David Stokley
Rear Commodore	Britt Feik

## Entertainment Committee:

Mike Butler and Bob Meineche

## Fleet Captains:

Catalina 22	Harold Lee
Sunfish	Larry Mast
Santana 20	Dan Ludden
Auxiliary	Gerone Scott
Cruising	Marianne Peterson

## Upcoming Events

### February:

2	2:00	Santana Race
9	2:00	Winter Series Race
16	2:00	Winter Series Race

### March:

2	2:00	Santana Race
8	10:00	Work Party
9	2:00	Winter Series Race
16	2:00	Winter Series Race
22	10:00	Work Party
23	2:00	Winter Series Race
29	10:00	Opening Weekend
30	10:00	Opening Weekend

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## True Blue Frostbite

By Britt Feik

Sunday January 12<sup>th</sup> the Club held its annual Frost bite race and Chili cook off. In past years the frostbite part of the race was kind of a joke, since we have had very pleasant balmy conditions. NOT THIS YEAR!

I have never sailed in SLEET before.  
I have never sailed in HAIL before.  
I have never sailed in SNOW before.  
I have never sailed and had a snowball fight at the same time before.

All eleven of the participating boats were able to experience these unique pleasures. For the participants I am certain that the race will be a found memory that will be increasingly humorous (because we all were crazy enough to continue).

The race was a tight competition between Kevin Culver and Jim Holcomb. Several lead changes occurred with Kevin finally prevailing by a very slight margin. Glenn Brandon sailed a great race as well and came very close to catching the leaders. The race results were as follows:

1. Culver/Hardy/Speight	C-22	1:58:49
2. Holcomb/Estes/Perry	C-22	1:58:56
3. Brandon/McMillan/Gate	C-22	1:59:46
4. Feik/Feik/Feik/Feik	C-22	2:03:58
5. Wilson/Kayser/Sams	C-22	2:06:03
6. Lee/Zerhung	C-22	2:06:29
7. Noyes/Ludden	Hobie18	2:08:39
8. Stokely/Sallee	C-22	2:09:41
11. Gillihan/Gillihan	C-22	DNF
11. Clifton	San 23	DNF
11. Cox	C-22	DNF

## Chili Cook off

After the sailing adventure in snow land everyone was happy to make it back in to the warm cozy club house with the fireplace setting

on high. The chili was judged and quickly consumed. The Chili winners were:

1. Kelly Feik
2. Linda Holcomb
3. Pam Noyes

## Tell Tales

By Britt Feik

The following commodore's letter was prepared last year, but never published. I believe the comments are worthy of printing so I've added them here.

I have known how to sail since I was a child. When I started racing I wanted to learn how to sail well. When I started trying to learn how to sail well I was looking for 'the answer' regarding how to set and trim the sails optimally. What I found was there wasn't any single answer, but a whole spectrum of variable regarding how to trim sails. However, I did find the next best thing to 'the answer' that I was seeking which was the use of telltales.

Telltals along the luff of your jib will give you indications regarding how the air is flowing over the sail. These indications will tell you how to adjust your fairleads and trim the sail. Additionally, telltals along the leach of your mainsail will give you some indications regarding the flow and trim of your mainsail. This year I have added three horizontal telltals at the low jib luff telltale based on seeing this type of arrangement in photographs of Farr 40s. Seeing the wind break across the sail telltals has given me further understanding of how you push the boat into point mode and other foot mode.

I have been following the Volvo Ocean Race (formerly the Whitbread) and I came across the following discussion which further affirmed my belief in telltals:

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An internet follower submitted the following question via E-mail: ‘Do you still use telltales on all of your working sails both on the luff and the high leach?’ Neal McDonald the skipper of ASSA ABLOY responded: ‘Absolutely! Yep ... it’s the way we trim our sails. Even with all the new technology, it’s the way we trim sails. At night we use torches (British for flashlight) to look at the telltales and we check them every 10 minutes or so, but during the day, it’s just the same as checking the sails on a racing dinghy.’

In the Opening Weekend Women’s Auxiliary Race Kelly took the helm for the first time in a race. The wind was blowing 5-10 mph and I told Kelly that I would trim the sails and that it was her

job to keep the telltales flying. We had a few conversations regarding the finer points of keeping the telltales flying, but Kelly learned the value of telltales and accomplish the task; doing pretty well in her first race at the helm. (The tactician’s performance was not quite so stellar)

There are a number of books and articles that address telltales and how to use them. The article that I am currently partial to is an article on the sailtexas.com site by WB Sails in Finland. Keep in mind that this is only a start to how to optimize your boat and sail’s performance, but I believe that using and understanding telltales is a great start in improving the novice racer’s skills.

## Race Committee Report

*By Glenn Brandon*

**With out a Race Committee there can be no race.** You serve an important function for this club. Please review the following schedule and mark your calendars for the dates that you are scheduled to serve as Race Committee or Assistant Race Committee. If you wish not to do this please call me. If this schedule conflicts with some function, please trade with someone. If someone would like to Race Committee on a more regular basis please let me or David Stokely know.

## 2003 Race Committee Schedule

### Winter Series Racing

	Race Committee	Assistant Race Committee
01/05/2003 14:00 Santana 20 Series #1	Glenn Brandon	
01/12/2003 12:00 Frostbite Race	Luther Mergner	
01/19/2003 14:00 Winter Series #1	Glenn Brandon	
01/26/2003 14:00 Winter Series #2	Glenn Brandon	
02/02/2003 14:00 Santana 20 Series #2	Mike Butler	Mead Sams
02/09/2003 14:00 Winter Series #3	Steve Eustace	Bob Carroll
02/16/2003 14:00 Winter Series #4	Sean Hannon	Pat Conner
03/02/2003 14:00 Santana 20 Series #3	Larry Mask	Richard Fate
03/09/2003 14:00 Winter Series #5	Mike Lilly	Ken Cox
03/16/2003 14:00 Winter Series #6	Richard Haynes	Britt Feik
03/23/2003 14:00 Winter Series #7	Bryan McMillan	Brandon Clifton
03/29/2003 10:00 Opening Weekend	Peter Barrows	Mike Yawitz
03/30/2003 10:00 Opening Weekend	Randy Chambers	Marianne Peterson

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### Spring Series Racing

04/06/2003 14:00 Santana 20 Series #4  
04/13/2003 14:00 Spring Series #1  
04/27/2003 14:00 Spring Series #2

05/04/2003 14:00 Santana 20 Series #5  
05/18/2003 14:00 Spring Series #3  
05/25/2003 14:00 Spring Series #4

06/01/2003 14:00 Santana 20 Series #6  
06/08/2003 14:00 Spring Series #5  
06/22/2003 14:00 Spring Series #6  
06/29/2003 14:00 Spring Series #7

### Race Committee

Carl Perry  
Bob Meinecke  
Marianne Peterson

Earl Wilson  
Randy Vastlik  
Mary Keoughan

Kevin Culver  
Bob Young  
Adam Gillihan  
Ben Gray

### Assistant Race Committee

Jack Speight  
Linda Holcomb  
Brian Peterson

Bob Carroll  
Pat Connor  
Ken Cox

Richard Fate  
Bob Ragsdale  
Mead Sams  
Randy Vastlik

### Summer Series Racing

07/04/2003 14:00 July 4th Commodores Cup  
07/06/2003 14:00 Santana 20 Series #7  
07/13/2003 14:00 Summer Series #1  
07/20/2003 14:00 Summer Series #2  
07/27/2003 14:00 Summer Series #3

08/03/2003 14:00 Santana 20 Series #8  
08/10/2003 14:00 Summer Series #4  
08/17/2003 14:00 Summer Series #5  
08/31/2003 13:00 Grubbs Cup #1 & #2

09/01/2003 13:00 Grubbs Cup #3  
09/07/2003 14:00 Summer Series #6  
09/14/2003 14:00 Summer Series #7  
09/21/2003 14:00 Becker Series #1 & #2  
09/28/2003 14:00 Becker Series #3

Harlod Lee  
Kevin Culver  
Bradley Estes  
Britt Feik  
Dave Dillingham

Waylan Gillihan  
Steve Eustace  
Glen Hardy  
Luther Mergner

Luther Mergner  
Richard Haynes  
Gordon Kayser  
Jim Hannon  
Larry Sallee

Dave Dillingham  
Jack Speight  
Peter Barrows  
Mike Yawitz  
Randy Chambers

Bill Leeper  
Mike Lilly  
Mike Yawitz  
J J Gross

Kevin Kauzlarch  
Dan Mathews  
Jim Holcomb  
Tom Watson  
Gerone Scott

### Fall Series Racing

10/05/2003 14:00 Becker Series #4 & #5  
10/12/2003 14:00 Fall Series #1  
10/19/2003 14:00 Fall Series #2

11/02/2003 14:00 Fall Series #3  
11/09/2003 14:00 Fall Series #4  
11/16/2003 14:00 Fall Series #5

12/14/2003 14:00 Fall Series #6  
12/21/2003 14:00 Fall Series #7

Gordon Kayser  
Dave Dillingham  
Gerome Scott

Sean Hannon  
J J Gross  
Dan Ludden

Gary Noyes  
Larry Sallee

Kevin Kauzlarch  
Bob Young  
Mike Butler

Adam Gillihan  
Waylan Gillihan  
Ben Gray

Larry Mask  
Gary Noyes

**Please Note New Web for LWSC is: [lakeworthsailingclub.org](http://lakeworthsailingclub.org)**